



Break Free at TLC 2007

Workshop Descriptions



Session 2

2A Treat Old Glory Right!—You respect the flag, but are you sure of the “rules” of flag etiquette? Lots of people care, but they don't know the basic guidelines. You can be your community's source for etiquette answers.

2B So What Do Youth Think?—How you share your opinion can determine whether you travel the road to conflict or to respect and understanding. You can agree to disagree and still build strong friendships, learning to understand differences can be the key.

2C Optimism—Is the glass half-empty or half full? Do you blame yourself when something goes wrong or look outside yourself for a reason? Come investigate how you can create an optimistic outlook on life.

2D Teens as Teachers—Children look up to teens as role models. So how do you switch from the role as student to role of teacher? You can and will positively influence a child's life!

2E B the E Entrepreneurship is for Me! Learn how to convert your hobbies or 4-H projects into a business! Explore entrepreneurship, make decisions and plan your new business venture.

2F A Drop in the Bucket—Whether we drink it, swim in it or wash with it, water is part of everyday life. Discover the amount and availability of freshwater in our world and learn ways to conserve this natural resource.

2G Shut Up or Listen Up?—Are you in their face, or do you lead with class? What you say and how you say it is important, even life changing. It's about respect.

2H Peace Corps Adventure—You've heard of it, would love to travel, but are you really the Peace Corps type? Meet a 4-H alum who felt the same way. Now he's been there, done that, and going back!

2I What Color are You?—Using the True Colors assessment tool, you'll learn about your personality, and find out how to communicate better with your peers, parents and teachers.

2J Take the Mystery out of PSA's—You listen to the radio, and you've heard the ads. You can get some free air time for your group, too. Better yet, get some practice while you make 4-H PSA's for this summer and fall!

2K Wanna be a Camp Counselor? Everyone remembers their best or worst camp counselor. Learn how to be one of the best! This session qualifies for a 4-H Camp Counselor training credit.

2L Put Your Best Foot Forward—Are you ready for that first job interview? Learn how to make a good impression when you walk in the door as you practice your interview skills with an experienced coach.

Session 3

3A Horse Judging—Use correct terms, organization and specific comparisons to gain points when you present oral reasons. The SDSU equine staff will show you how.

3B The Diversity and Wonder of Dinosaurs—You loved them when you were young, now learn some of the science behind these fascinating creatures—enjoy a visit to the past, compliments of our university biologists, and be able to impress those young tagalongs you know.

3C Getting Your Message Across—Communication is expressed with your voice and your actions. Learn how to get your message across and to speak so people will listen and understand.

3D Are You Prepared?—With these skills your job hunt will be successful! Identify your skills and talents and work them into your resume and interviews. Use our information to decide which jobs are worth your time.

3E Microwaving with Style—Microwaves aren't just for popping popcorn and heating water. Learn something new while using the microwave oven to prepare simple snacks and even complete meals.

3F Design A Bridge—Can you learn how to make a bridge from everyday items? Yes you can! Learn how.

3G Technology Skillathon—Try out the latest 4-H activity and try out the latest gadgets—Garmin, iPod, Google, Pneumatics, robotics and more.

3H Decisions and Dilemmas—As teens you face tough decisions every day. Choose your questions and work together to discuss how to make solid decisions that you don't regret.

3I Where's My Money Going?—Preparing for college is exciting, but growing responsibilities force us to prioritize needs versus wants. We'll use real life situations to explore where money goes when you are on your own.

3J Farming in the 21st Century—Today's farmers use technology to manage the bottom line and to determine what crops to plant, and what markets to develop. Find out what skills you need to make it in 21st century agriculture.

3K Livestock Skillathon—Test your knowledge and skills in the area of Livestock. Are you a generalist or a specialist, a novice or an expert? Explore animal science without getting your feet dirty!

3L Get the Word Out!—You can take charge of promoting your program; after all, who would do a better job persuading a teen than another teen. By planning to promote, you can put together a simple program that keeps your group in the public eye year round.

Session 4

4A Photography—Do you love to take pictures? Work with a professional photographer and discover how to make your pictures even better.

4B Auto Survival—Learn basic auto skills from an expert, so you aren't caught in trouble.

4C Refinishing Furniture - Put your appreciation for antique furniture to work as you learn how to make old furniture look beautiful!

4D Cycling - Learn more about this fast growing sport from the owner of a cycling shop.

4E National 4-H Conference—You'll learn about what's happening on the national level, and valuable information to help you successfully apply to be a state level representative for 4-H and other organizations.

4F Missions Round Table - Are you interested in going on a Missions trip? Find out what it's really like from people who have actually gone around the world giving to others. Bring back some great ideas for your youth group.

4G Exchange Programs Roundtable - Do you want to travel and learn about another culture? Learn about some great opportunities for students.

4H Flower Arranging - Have you ever seen an awful flower arrangement? Learn how to make one look professional from an SDSU expert.

4I Theatre - Are you a drama geek? Here's your chance to check out SDSU's Performing Arts building and their drama department.

4J Technology Skillathon—Try out the latest 4-H activity and try out the latest gadgets—Garmin, iPod, Google, Pneumatics, robotics and more.

4K Cloverbud Adventures—Are you thinking about a career in teaching? Why not start a Cloverbud club to hone your teaching and leadership talents? We will explore starting a Cloverbud club, curriculum and hands-on teaching techniques.

4L Livestock Skillathon—Test your knowledge and skills in the area of Livestock. Are you a generalist or a specialist, a novice or an expert? Explore animal science without getting your feet dirty!

Session 5

5A Law Enforcement

5B Ag Engineering

5C Mechanical Engineering

5D Radio Broadcasting

5E Nursing

5F Animal Science

5G Psychology

5H Interior Design

5I Wildlife Management

5J Search & Rescue

5K Welding

5L Military Options

5M Restaurant Management

5N Newspaper Production

5O Financing College—The Financial Aid office will provide the latest in application procedures and scholarship resources

5P Careers for the 21st Century—Not sure what you'd like to pursue? Here's a look at what your future could hold.

Session 6

6A Cake Decorating

6B Cross Stitching

6C Beading

6D Acrylic Painting

6E Pottery/Ceramics

6F Scrapbooking/Stamping

6G Hunting Skills/Black Powder

6H Rock Climbing

6I Archery

6J Swing Dancing

6K Line Dancing

6L Cheerleading

6M Leather Tooling

6N Duct Tape Creations

6O Jewelry Making

6P Origami

6Q Geo-Caching

6R FlyTying